

2011 St. Gregory

Meet		Personal Best on Home Course	Personal Best	Time Trial		Personal Best on Home Course	Personal Best	Time Trial		Personal Best on Home Course	Personal Best	Time Trial		Personal Best on Home Course	Personal Best	Time Trial		Personal Best on Home Course	Personal Best	Best Mile Rate	Worst Mile Rate	Difference	Best Mile Rate at Home Only	
Date	9/8			8/25	8/25			8/23	8/23			8/18	8/18			8/11	8/11							
Where	Mile			Home	Mile			Home	Mile			Home	Mile			Home	Mile							
Course Length	Rate			2.00	Rate			2.00	Rate			2.00	Rate			2.00	Rate							
Last, First																								
Adams, Will	09:26	N	N	21:32	10:46	N	N					22:23	11:11	N	N					08:42	10:46	02:04	08:42	
Baker, Zach	09:33	N	N																		09:02	11:11	02:09	09:11
Besong, Andy	09:31	N	N	20:00	10:00	N	N									20:05	10:02	N	N	08:40	10:02	01:22	09:02	
Blough, Abby	08:46	Y	N	20:16	10:08	N	N	18:45	09:22	N	N	21:13	10:36	N	N	19:52	09:56	N	N	08:11	11:09	02:58	08:46	
Blough, Bailey	09:41	N	N	19:25	09:43	N	N					18:01	09:00	Y	N	18:10	09:05	N	N	08:36	10:27	01:51	09:00	
Butterfield, Ella				30:35	15:18	N	N													11:01	16:04	05:03	13:01	
Byers, Anna	11:38	Y	Y	29:42	14:51	N	N					28:36	14:18	N	N	27:20	13:40	N	N	11:38	14:51	03:13	11:38	
Byers, Brian	10:25	N	N	22:28	11:14	N	N					23:41	11:51	N	N	22:36	11:18	N	N	09:54	12:04	02:10	09:54	
Byers, Daniel	09:03	Y	Y	20:52	10:26	N	N									20:42	10:21	N	N	09:03	10:26	01:23	09:03	
Byers, Patrick	08:17	Y	N	16:59	08:30	N	N					17:45	08:52	N	N	21:17	10:39	N	N	07:42	10:39	02:57	08:17	
Cantella, Anna	13:15	N	N									29:07	14:33	N	N	25:00	12:30	N	N	11:37	15:30	03:52	11:37	
Cantella, Colin	10:25	N	N													22:35	11:18	N	N	09:47	12:03	02:16	09:47	
Davison, Sarah	11:11	N	N	21:01	10:30	N	N													10:15	11:39	01:25	10:15	
Edwards, Amanda	10:27	N	N									24:20	12:10	N	N					10:00	12:30	02:30	10:00	
Enders, Sam	08:41	N	N	19:18	09:39	N	N	16:49	08:24	N	N									07:45	09:39	01:54	07:45	
Gregor, Emily	09:28	Y	N																	09:19	09:28	00:09	09:28	
Gregor, Matthew	09:10	N	N																	08:12	09:10	00:57	08:21	
Gregor, Robbie	08:28	N	N																	07:55	08:42	00:46	07:55	
Harmanos, Joseph	12:17	N	N									30:49	15:25	N	N	DNF		N	N	09:49	15:25	05:35	09:49	
Kohler, Natalie	10:15	N	N	20:18	10:09	N	N					19:53	09:56	N	N	20:38	10:19	N	N	09:06	10:37	01:31	09:09	
Lachendro, Eric	07:55	N	N	15:55	07:58	N	N	15:59	08:00	N	N	16:14	08:07	N	N					07:22	08:14	00:53	07:37	
Lachendro, Kate	09:24	N	N	18:53	09:26	N	N													07:22	09:28	02:06	08:43	
Maloney, Katie	09:01	N	N	17:28	08:44	N	N	17:16	08:38	Y	N	18:02	09:01	N	N	18:38	09:19	N	N	08:15	09:19	01:04	08:38	
Maloney, Mickey	08:35	N	N	17:05	08:32	N	N	17:06	08:33	N	N	17:48	08:54	N	N	18:25	09:13	N	N	07:45	09:13	01:28	08:02	
Manqus, Heather				DNF												30:34	15:17	Y	Y	15:17	15:17	00:00	15:17	
Manqus, Jason	13:05	N	N	22:34	11:17	N	N									25:35	12:47	N	N	10:10	13:05	02:56	10:10	
Mazur, Steven	10:05	N	N																	08:52	10:20	01:28	08:52	
Paulson, Nick	11:22	N	N	22:15	11:07	Y	Y					23:34	11:47	N	N	24:50	12:25	N	N	11:07	13:33	02:26	11:07	
Renk, Taylor	07:26	Y	N																	07:10	07:37	00:27	07:26	
Roczko, Preston	08:54	N	N	20:50	10:25	N	N					17:43	08:51	Y	Y	18:08	09:04	N	N	08:51	10:28	01:37	08:51	
Schmitzer, Emily	08:37	N	N	17:22	08:41	N	N	17:14	08:37	N	N					18:16	09:08	N	N	08:03	09:08	01:05	08:25	
Schmitzer, Joey	07:11	N	N	15:08	07:34	N	N	15:20	07:40	N	N					15:19	07:39	N	N	06:56	07:40	00:44	07:06	
Schnarre, Andrew	07:24	N	N													15:08	07:34	N	N	07:00	07:34	00:34	07:02	
Schnarre, Matthew	07:51	N	N													16:38	08:19	N	N	07:40	08:19	00:39	07:40	
Shirlow, Cassidy	08:53	N	N	17:18	08:39	N	N	17:25	08:43	N	N									07:53	08:53	01:00	08:14	
Sutton, Aaron	12:36	N	N	24:32	12:16	N	N					25:42	12:51	N	N	25:50	12:55	N	N	11:52	13:12	01:20	12:10	
Sutton, Abigail	10:56	Y	N	25:37	12:48	N	N					23:53	11:56	N	N	26:11	13:05	N	N	10:24	13:05	02:41	10:56	
Sylves, Elizabeth	16:16	N	N	22:23	11:11	N	N					23:39	11:49	N	N					10:58	16:16	05:18	11:10	
Zentner, Tommy	10:30	N	N	18:05	09:02	N	N					19:09	09:34	N	N	20:20	10:10	N	N	07:54	10:30	02:36	08:13	
Zilavy, Andrew	09:15	N	N	19:43	09:51	N	N	19:08	09:34	N	N					18:13	09:07	Y	N	08:55	09:51	00:57	09:07	
Personal Best	7	2		1	1			1	0					2	1					2	1			
# of Runners	40	40		28	28			9	9					19	19					25	25			
% with personal best	18%	5%		4%	4%			11%	0%					11%	5%					8%	4%			